

## MAORI COMMUNITY HEALTH SERVICES

<p><b>Te Puawaitanga Ki Otautahi Trust</b></p> <ul style="list-style-type: none"> <li>• Early childhood Education</li> <li>• Nutritional and Physical Activity</li> <li>• Rapuora Nurses</li> <li>• Outreach Immunisation Service</li> <li>• Tamariki Ora Well Child Health Service</li> </ul>	<p>153 Gilberthorpes Road, Hornby</p> <p>Phone: 3445 062 Fax: 3490 645</p>	<p><b>He Waka Tapu</b></p> <ul style="list-style-type: none"> <li>• Alcohol and Drug Assessment Services</li> <li>• Mauri Ora Services</li> <li>• Outpatients/Youth over 18</li> <li>• Stopping Violence/Men over 18</li> <li>• 9 week programme</li> <li>• Multi Systemic Therapy with Whanau</li> <li>• Health Promotion</li> <li>• Gym and Exercises</li> </ul>	<p>161 Pages Road, Aranui Phone: 3738 150</p> <p>Email: <a href="mailto:admin@hewakatapu.org.nz">admin@hewakatapu.org.nz</a></p>
<p><b>He Oranga Pounamu</b></p> <ul style="list-style-type: none"> <li>• Physical Activity&amp; Nutrition</li> <li>• Problem Gambling</li> <li>• Preventing Alcohol and Drug Addiction</li> <li>• Suicide Prevention</li> <li>• Whanau Budgeting service</li> </ul>	<p>186-188 Hereford Street Ph: 3534 370</p> <p>Email: <a href="mailto:aria@hop.org.nz">aria@hop.org.nz</a></p>	<p><b>Whanau Tautoko</b></p> <ul style="list-style-type: none"> <li>• Maori Diabetes Support Group</li> <li>• Diabetes Education</li> <li>• Physical Activity &amp; Nutrition services</li> <li>• Whanau support</li> </ul>	<p>349 Woodham Road North Linwood Christchurch 8061 Ph: 03 381 8006 Email: <a href="mailto:marianas@wtct.org.nz">marianas@wtct.org.nz</a></p>
<p><b>Te Ora Hou</b> Maori Faith-based Youth Service</p> <ul style="list-style-type: none"> <li>• Teenage mum education</li> <li>• Youth mentoring</li> <li>• Sports workshops</li> <li>• Youth workers</li> </ul>	<p>77 Windermere Road Papanui Ph: 03 352 1057 Email: <a href="mailto:jcampbell@teorahou.org.nz">jcampbell@teorahou.org.nz</a></p>	<p><b>Rehua Social Services</b></p> <ul style="list-style-type: none"> <li>• Kuia and Kaumatua service</li> <li>• Health Promotion</li> <li>• Social Services</li> <li>• Marae based activities</li> </ul>	<p>79 Springfield Road Ph: 3555 615</p>
<p><b>Rapana Trust</b></p> <ul style="list-style-type: none"> <li>• Rongoa Maori</li> <li>• Traditional Healing</li> </ul>	<p>111 Breens Rd Bishopdale Ph: 03 359 6957 Email: <a href="mailto:rapana.rongoa@xtra.co.nz">rapana.rongoa@xtra.co.nz</a></p>	<p><b>Te Puna Oranga Inc.</b></p> <ul style="list-style-type: none"> <li>• Counselling</li> <li>• Domestic Violence Women</li> <li>• Youth and Parenting</li> </ul>	<p>Worcester Street P O Box 24239 Eastgate Phone: 3818-472 Email: <a href="mailto:tepunaoranga@extra.co.nz">tepunaoranga@extra.co.nz</a></p>
<p><b>Te Awa O Te Ora Trust</b> Maori community Mental Health Service</p> <p><b>Te Pito Ora [Te Kakakura]</b> Maori community Mental Health Service</p> <p><b>Purapura Whetu</b> Maori Community Mental Health Service</p>	<p>192 Worcester Street Ph: 3792-053</p> <p>1032 Colombo Street Ph: 3657-513</p>	<p><b>Te Tai o Marokura</b></p> <ul style="list-style-type: none"> <li>• Alcohol &amp; Drug Assessments – Support</li> <li>• Youth Counselling, programme, justice</li> <li>• Social Work</li> <li>• Budget Advice</li> <li>• Cervical Screening</li> <li>• Tamariki Ora – Whanau Ora</li> <li>• Environmental Health</li> </ul>	<p>Kaikoura</p> <p>Contact: Riria Allen</p>

<b>Otautahi Social Services</b> <ul style="list-style-type: none"> <li>• Children 0-16 in need of care and protection</li> <li>• CYFS referrals for whanau</li> <li>• Whanau support</li> </ul>	90 Fitzgerald Ave PO Box 374 Kaiapoi Ph: 03 366 66 77 Email: <a href="mailto:oss@xtra.co.nz">oss@xtra.co.nz</a>	<b>Nga Hau e Wha Marae</b> <ul style="list-style-type: none"> <li>• Matariki Marae programme</li> <li>• Social services</li> <li>• Health education</li> <li>• Advocacy services</li> </ul>	250 Pages Rd, Aranui Ph: 03 388 7685  Web: <a href="http://www.nationalmarae.co.nz">www.nationalmarae.co.nz</a>
<b>Whakatata House</b> Child and Family Specialty Services	Cnr Cashel and Montreal Sts Ph: 3640 050	<b>Te Awa O Te Ora Trust</b> Maori community Mental Health Service	192 Worcester Street 3792-053
<b>Te Puna Whaiora</b> Glenelg Childrens Health Camps <ul style="list-style-type: none"> <li>• 5-12 year old health camps</li> <li>• Child mentoring</li> <li>•</li> </ul>	Ph: 03 332 2541  Email: <a href="mailto:helen.chappell@healthcamps.org.nz">helen.chappell@healthcamps.org.nz</a>	<b>Maori Health &amp; Disabilities Service</b> <ul style="list-style-type: none"> <li>• Vision &amp; Hearing Impaired Service</li> <li>• Resource &amp; information</li> <li>• Counselling</li> <li>• 24 Hr crisis team</li> </ul>	202 Milton st Sydenham PO Box 22407 Ph: 03 337 8013
<b>Te Pito Ora [Te Kakakura]</b> Maori community Mental Health Service <ul style="list-style-type: none"> <li>•</li> </ul>	1032 Colombo Street 3657-513	<b>Purapura Whetu</b> Maori Community Mental Health Service	
<b>MAORI HEALTH SERVICES - HOSPITAL BASED</b>			
<b>Nga Ratonga Maori Services</b> Maori Personal Health Team Chch Hospital <ul style="list-style-type: none"> <li>• Research/Ethics Group</li> <li>• Diabetes Services-Paediatrics</li> <li>• Cardio-respiratory outreach</li> <li>• Oncology-Sexual health-A &amp; E</li> <li>• Te Whare Mahana Accommodation</li> <li>• CDHB Staff Cultural Training</li> <li>• Pastoral Care</li> </ul>	Ph: 3640 640 ext. 88787  Christchurch Hospital  Contact: Tahu Stirling	<b>Community and Public Health Hauora Matauraka</b> <ul style="list-style-type: none"> <li>• Physical Activity and Nutrition</li> <li>• School Gardens</li> <li>• Smoking cessation</li> <li>• Auahi Kore/Smokefree Maraes</li> </ul>	Manchester Street Ph: 3740 470  H1N1 Flu Centre 0800 37 30 37
<b>Te Korowai Atawhai</b> Maori Secondary Care Mental Health Services <ul style="list-style-type: none"> <li>• Methodone Programme</li> <li>• Drug &amp; Alcohol Programme</li> <li>• Acute Mental Health</li> <li>• Community Mental Health service</li> </ul>	Lincoln Road, Hillmorton 3377-969  Contact: Tepora Ehau	<b>Kuia &amp; Kaumatua Service</b> Older Persons Health – Princess Maragret Hospital <ul style="list-style-type: none"> <li>• Inpatient Kuia &amp; Kaumatua Service</li> <li>• Pastoral Care</li> </ul>	Princess Margaret Hospital Cashmere Rd  Contact: Karen Keelan
<b>Ngai Tahu Head Office</b> <ul style="list-style-type: none"> <li>• Te Runanga O Ngai Tahu</li> <li>• Iwi-Crown relationship for Canterbury</li> <li>• Manawhenua ki Waitaha – Health Body works with CDHB</li> </ul>	158 Hereford Street Ph: 3644 344  Contact: Wendy Dallas-Katoa		